

RELATIONSHIP & SEX EDUCATION

Key Stage 4

12 hours in Year 10

12 hours in Year 11

Relationship and Sex Education is lifelong learning about moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. It is about the teaching of sex, sexuality and sexual health (including awareness of Child Sexual Exploitation, Sexting and Consent). It is not about the promotion of sexual orientation or sexual activity.

RSE contain 3 elements:

- Accessible, age appropriate information
- Development and clarification of attitudes and values
- Development of personal and social skills

RSE is a non-assessed subject but it has clear outcomes:

- Skill development
- Assertiveness
- Decision making and self-esteem
- Knowledge on rights in sexual and non-sexual relationships

Further information from Mrs L Hughes