

Week 1

Monday

Quorn BBQ Sausage Pasta Bake
Quorn spaghetti Bolognaise
Sweetcorn / Green Beans
Crispy Diced Potatoes
Apple Pie & Custard

Tuesday

Shepard's Pie
Roast Pepper & Courgette Pasta Bake
Garlic Slice
Carrots / Leeks
Mash potato
Creamy Rice Pudding with Strawberry Jam

Wednesday

Roast Gammon with Oven Baked egg
Veggie Puff Turnover
Green Beans / Cauliflower
Roast Potatoes
Fruit Crumble with Custard

Thursday

Foot Long Hot Dogs with Chilli & Cheese
Cheese & Potato Pie
Mixed Veg / Broccoli
Potato Wedges
Chocolate & Maderine Cake

Friday

Battered Fish
Quorn Nuggets
Baked Beans or Stir Fry Veg
Chunky Chips
Chocolate Mousse

WEEK 2

Monday

Chicken Curry & Fluffy Rice
Quorn Meatballs in Herb Sauce with pasta
Mixed Salad/ Green Beans
Pineapple upside down cake

Tuesday

Sausage & Onion Casserole
3 cheese stringy Omelette
Cauliflower / Broccoli florets
Creamy Mash Potatoes
Fruit Salad

Wednesday

Roast Chicken & Stuffing
Arriabatta Pasta Bake with Garlic slice
Baton Carrots / Cabbage
Roast Potatoes
Fruit Crumble with Custard

Thursday

Bolognaise
Singapore Noodles
Sweetcorn / Stir fry Vegetables
Crispy Diced Potatoes
Chocolate Shortbread

Friday

Jumbo Fish Fingers
Vegetarian Wrap
Chunky Chips
Baked Beans / Mixed Vegetables
Banana & Custard Trifle

Week 3

Monday

Beef Lasagne with Garlic Bread
Veggie Sausages & Mash
Both with a rich Onion Gravy
Mixed Vegetables / Green Beans
Creamy Mash Potatoes
Apple Flapjack

Tuesday

Loaded Peri Peri Chicken Naan
Oven Baked Veggie Burger
Mixed Salad / Sweetcorn
Crispy Herby Diced Potatoes
Chocolate Cake with Custard

Wednesday

Roast Beef & Yorkshire Pudding
Cauliflower and Broccoli cheese Bake
Carrots / Cauliflower
Roast Potatoes
Apple Pie with Custard

THURSDAY

Chilli Con Carne with Rice
Mac & Cheese
Sweetcorn / Crispy Wedges
Jam Roly Poly with Custard

FRIDAY

Jumbo Hot Dog
Onion Bhaji Burgers
Chunky Chips
Baked Beans / mixed vegetables
Strawberry Mousse