

Exciting News: Our New School Menu is Here!

Dear Parents and Carers,

We are delighted to announce that we are launching a brand-new school menu starting on 23rd February. Our catering team have been working hard to develop a selection of meals that are not only delicious but also nutritionally balanced.

### What's New?

- **Fresh Ingredients:** We are committed to using high-quality, fresh ingredients, with dishes being prepared from scratch.
- **Greater Variety:** The new menu features a diverse range of seasonal dishes, including increased vegetarian options and catering for more dietary needs.
- **Nutritional Focus:** Every meal is designed to meet national nutritional standards, ensuring a healthy balance of proteins, grains and vegetables.

In addition to our new dishes we now offer jacket potatoes every day with a variety of hot and cold fillings which so far have been going down very well, cheese and beans being a very popular choice.

### How to View

You can view the daily menu on the school website, along with what is on the website we will be offering a special each day that fits in the theme of the day, examples would be differing curries or pasta dishes to sit alongside the standard dish. We encourage you to sit down with your child to explore the new menu together allowing you all to see what is available every day and which days appeal to your child.

### Dietary Requirements

If your child has specific medical dietary needs or allergies, please ensure the school is kept informed so we can cater for them safely. Should their dietary requirements change at any time, please notify the school office so we can update our records accordingly.

We hope your children enjoy exploring these new flavours.

Thank you for your continued support.

Kind regards



Bob Merrick  
(Catering Manager)  
Ludlow CofE School

### Catering Menu Spring 2026

|                             |  |  |  |  |  |
|-----------------------------|--|--|--|--|--|
| Early Breakfast from 8.40am | Each day there will be a selection of Pastries, Yoghurts and Bakes (VG and GF options are available daily) |  |  |  |  |
| Morning Break               | Each day there will be a selection of Pasties, Pizza Slices, Breakfast Baps and Waffles.                   |  |  |  |  |

| Week 1                 | Monday  | Tuesday   | Wednesday  | Thursday  | Friday  |
|------------------------|---|---|--|---|---|
| Main Meal              | <b>Spice Up Your Life</b><br>Chicken Curry with Rice (GF) and Samosa        | <b>Pasta La Vista</b><br>Beef Lasagne with Garlic Bread                     | <b>Roast on Wednesday</b><br>Roast of the Day with Stuffing, Yorkshire Pudding & Roast Potatoes with Vegetables (GF) | <b>Another One Bites the Crust</b><br>Pizza and Wedges (GF available)       | <b>Fishy Friday</b><br>Fish and Chips with Beans (GF available),            |
| Vegetarian meal        | Vegetable Keema Curry with Rice (GF) and Samosa                             | Vegetarian Pasta Bake (GF Available) with Garlic Bread                      | Vegetarian Roast with Stuffing, Yorkshire Pudding & Roast Potatoes with Vegetables (GF)                              | Pizza and Wedges (GF available)   | Vegetarian Fish and Chips with Beans  |
| Jacket potato (GF)(VG) | Choice of two fillings<br>Cheese, Beans, Coleslaw, Tuna Mayo, Chilli, Curry | Choice of two fillings<br>Cheese, Beans, Coleslaw, Tuna Mayo, Chilli, Curry | Choice of two fillings<br>Cheese, Beans, Coleslaw, Tuna Mayo, Chilli, Curry  | Choice of two fillings<br>Cheese, Beans, Coleslaw, Tuna Mayo, Chilli, Curry | Choice of two fillings<br>Cheese, Beans, Coleslaw, Tuna Mayo, Chilli, Curry |

| Week 2                 | Monday  | Tuesday   | Wednesday  | Thursday  | Friday  |
|------------------------|---|---|--|---|---|
| Main Meal              | <b>British Fare</b><br>Sausage and Mash with Vegetables and Gravy (GF)      | <b>Wok 'N' Roll</b><br>Sweet Chilli Chicken and Rice                        | <b>Wildcard Wednesday</b><br>(A chance to try something new, will be advertised from Monday) | <b>Holy Guacamole!</b><br>Chilli Con Carne, Rice and Nachos (GF)            | <b>License to Grill</b><br>Footlong Hotdog, Wedges and Salad                |
| Vegetarian option      | Vegetarian Sausage & Mash with Vegetables and Gravy                         | Vegetable Chow Mein (GF)  | <b>Wildcard Wednesday</b><br>(A chance to try something new, will be advertised from Monday) | Mix Bean Chilli, Rice and Nachos (GF).                                      | Vegetarian Hotdog, Wedges and Salad   |
| Jacket potato (GF)(VG) | Choice of two fillings<br>Cheese, Beans, Coleslaw, Tuna Mayo, Chilli, Curry | Choice of two fillings<br>Cheese, Beans, Coleslaw, Tuna Mayo, Chilli, Curry | Choice of two fillings<br>Cheese, Beans, Coleslaw, Tuna Mayo, Chilli, Curry                  | Choice of two fillings<br>Cheese, Beans, Coleslaw, Tuna Mayo, Chilli, Curry | Choice of two fillings<br>Cheese, Beans, Coleslaw, Tuna Mayo, Chilli, Curry |

**Grab and Go** selection of Sandwiches, Baguettes, Wraps, Pasta Pots, Salad, Fruit and Desserts.

Fruit juice, Milkshake and Bottled Water are available to purchase,  
and cold tap Water is available free of charge. (GF Sandwiches are available)

VG- Vegan

GF- Gluten Free

We are a working kitchen so cannot fully guarantee no cross contamination other than in our pre-packed products.

All packaged products are labelled with allergen advice and a full list of allergens are available on request.  
We are happy to cater for any special dietary requirement – just let us know your requirements in advance.

Look out for our new **SPECIALS** board as I will be encouraging the catering staff to open up their creative side and have a go at something new. We will also be looking at theme days throughout the year to look out for.

If you have any questions or thoughts, please contact us and we will be happy to help.