

## WEEK ONE

### MONDAY

Spicy Quorn Meatball with Spaghetti

or

BBQ Quorn Sausage Pasta

Green Bean, Sweetcorn

Chocolate Crunch

### Tuesday

Peri-Peri Chicken Loaded Naans

or

Chinese Five-spiced Noodles with Sweet Chilli Oriental Vegetables

Broccoli or Mixed vegetables

Raspberry Flapjack

### Wednesday

Roast Beef & Yorkshire Pudding

or

Veggie Sausage Toad in the Hole

Carrots, Cabbage & Roast Potatoes

Fruit Cobbler with Custard

### Thursday

Chicken Tikka with Rice

or

Cheese & Potato Pie

Baked Beans, Green Beans

Apple Cake

### Friday

Thai Salmon Fish Burger

or

Onion Bhaji Burger

Cowboy BBQ Beans, Peas, Chips

## WEEK 2

### Monday

Cheese & Onion Quiche  
or  
Indian Spiced Vegetables Savoury Rice

Mixed Veg, Green Beans

Chocolate Shortbread

### Tuesday

Chicken Korma with Mixed Rice  
or  
Cheese Omlette

Sweetcorn, Peas

Fruit Crumble with Custard

### Wednesday

Roast Chicken & Seasoning  
or  
Peri-Peri Plant Based Baked Wrap  
Carrots, Cauliflower & Roast Potato

Jam Sponge with Custard

### Thursday

Beef Lasagne with Garlic Bread  
or  
Cauliflower & Broccoli Bake

Salad, Sweetcorn

Apple pie & Custard

### Friday

Battered Fish  
or  
Veggie Hot Dogs

Beans, mixed veg and chips

## WEEK 3

### Monday

Beef Bolognese with Spaghetti  
or  
Quorn Jacket Potato with Bolognese

Baked Beans, Cauliflower

Chocolate & Mandarin Cake

### Tuesday

Chicken Fajita Wraps with Cajun Wedges  
or  
Mushroom Risotto

Broccoli, Peas

Shortbread

### Wednesday

Roast Gammon & Oven Baked Eggs  
or  
Mac & Cheese

Carrots, Cauliflower  
Fruit Crumble with Custard

### Thursday

Beef Chilli Con Carne with Wholemeal Rice or Nachos  
or  
Cheesy Mixed Pepper Pasta

Mixed Salad, Peas  
Treacle Sponge and Custard

### Friday

All day brunch  
Sausage, Bacon, Egg, Hash-brown  
or  
Quorn Meatball Sub

Baked Beans, Green beans, Chips