

Year 7	Year 8	Year 9	Tutor Time activities
<p><b>Oakerwood Activity day</b> – supporting transition, establishing ground rules, team building, encouraging confidence and independence <b>S</b>; Autumn – September (DTY)</p> <p><b>Healthy Lifestyles Focus Day M; S;</b></p> <ul style="list-style-type: none"> <li>• E-safety</li> <li>• Equality &amp; Diversity (West Mercia Police)– positive relationships</li> <li>• Road safety &amp; Reducing Risk</li> <li>• Health –diet, exercise, and smoking</li> <li>• Puberty &amp; Relationships</li> </ul> <p>Autumn - September (ZT)</p> <p>Includes E-Safety Parents’ Evening – (PHE/LH) Autumn – October</p>	<p><b>Real Game Focus Day</b> – developing economic understanding, consumer choice, business and enterprise, career pathways</p> <p><b>Healthy Lifestyles Focus Day M;</b></p> <ul style="list-style-type: none"> <li>• Substances - Smoking &amp; Alcohol</li> <li>• Relationships and Growing Up</li> <li>• First Aid and life-saving skills</li> <li>• Road Safety and reducing risk</li> <li>• Equality &amp; Diversity (West Mercia Police)– positive relationships</li> </ul> <p>Autumn - November (SJ)</p>	<p><b>Planning My Future – half day focus</b> – choices at 14+, opportunities in learning and work, personal planning (AHG &amp; Ludlow College) Spring term – January University taster day (NCOP) Summer term</p> <p><b>Healthy Lifestyles Focus Day M; S;</b></p> <ul style="list-style-type: none"> <li>• Sexual relationships – contraception, pregnancy, STI (an introduction) and avoiding high risk behaviours, + peer pressure &amp; consent</li> <li>• Substances (including Drugs)</li> <li>• Equality &amp; Diversity (West Mercia Police)– positive relationships (TBC)</li> <li>• Road safety &amp; Reducing Risk</li> <li>• CCE and Safety Online (West Mercia)</li> <li>• Equality - LGBTQAI+ (TBC)</li> </ul> <p>Summer - July (EM)</p> <p><b>ALL: Remembrance Sp; M; C</b> (Hums and student planning) - external presenters from army/ local rep - cultural shared heritage importance of remembrance for a country and a community to build British values. Tutor activities Autumn - November</p> <p><b>ALL: Holocaust Memorial- Sp; M; C; S.</b> Assembly followed up in Hums lessons – Spring – January</p>	<p><b>Aut 1</b> – Excellence Together – establishing expectations, learning Styles, study skills, teamwork (4Rs BLP) <b>Sp; M; S; C;</b> <b>- Resilience and Motivation</b> <b>+ Early sessions on Social Media dangers</b> (Including Social Media – eg sexting)</p> <p><b>Aut 2</b> – Rights, responsibilities, diversity and anti- bullying (Anti-Bullying Week - November) <b>Sp; M; S;</b></p> <p><b>Spr 1</b> –Issues around self and mental health <b>Sp; S; (Including learning difficulties)</b></p> <p><b>Spr 2</b> – Democracy and Government – <b>Sp; M; S; C;</b></p> <p><b>Sum 1</b> –Learning Together ; revision skills <b>Sp; M; S;</b></p> <p><b>Sum 2</b> – Revision skills, Welcoming Year 6s, E-safety, reflecting and making plans <b>Sp; M; S</b></p> <p><b>NB “Living in a Modern World” will rotate each year over a number of topics to cover a 5 year school career and all are linked to British Values:</b></p> <ol style="list-style-type: none"> <li>1) Workplace rights &amp; Finances (covered Spring 2019 due Spring 2024)</li> <li>2) Law, Media &amp; Human Rights (covered Spring 2020)</li> <li>3) Religious Freedom &amp; Diversity (covered Spring 2022)</li> <li>4) Democracy and Government (covered Spring 2023)</li> </ol>

PSHE/SMSC Tracking by theme

	Y7	Y8	Y9	Tutorial Activities
Getting ready for the world	<p><b>Healthy Lifestyles Focus Day M; S;</b></p> <ul style="list-style-type: none"> <li>E-safety</li> <li>Health –diet, exercise, and smoking</li> <li>Puberty</li> <li>Equality &amp; Diversity (West Mercia Police) &amp; Positive Relationships</li> <li>Road safety</li> </ul> <p>Includes E-Safety Parents’ Evening</p>	<p><b>Real Game Focus Day –</b> developing economic understanding, consumer choice, business and enterprise, career pathways</p> <p><b>Healthy Lifestyles Focus Day M; S;</b></p> <ul style="list-style-type: none"> <li>Equality &amp; Diversity (West Mercia Police)</li> <li>Road safety</li> </ul>	<p><b>Planning My Future – half day focus</b> – choices at 14+, opportunities in learning and work, personal planning (AHG &amp; Ludlow College)</p> <p><b>Healthy Lifestyles Focus Day M; S;</b></p> <ul style="list-style-type: none"> <li>Equality &amp; Diversity</li> <li>Road safety</li> </ul> <p><b>Remembrance/ WW1 Focus Event Sp; M; C</b> (Hums and student planning) - external presenters from army/ local rep - cultural shared heritage importance of remembrance for a country and a community to build British values.</p> <p><b>ALL: Holocaust Memorial- Sp; M; C; S.</b> Assembly followed up in Hums lessons – Spring - January</p>	<p><b>Aut 1</b> – Excellence Together – establishing expectations, learning Styles, study skills, teamwork (4Rs BLP) <b>Sp; M; S; C;</b></p> <p><b>- Resilience and Motivation + Early sessions on Social Media dangers</b> (Including Social Media – eg Ghost Mapping)</p> <p><b>Spr 2</b> – Living in a modern world – <b>Sp; M; S; C;</b></p> <p><b>Religious Freedom &amp; Diversity; Democracy; Workplace right and Finance; Law, Media and Human Rights (SEE ROTATIONS ABOVE ON 4 years)</b></p> <p><b>Sum 1</b> –Learning Together ; revision skills <b>Sp; M; S;</b></p> <p><b>Sum 2</b> – E- safety, reflecting and making plans <b>Sp; M; S</b></p>
Bullying / Relationships	<p><b>Oakerwood Activity day</b> – supporting transition, establishing ground rules, team building, encouraging confidence and independence <b>S;</b></p> <p><b>Healthy Lifestyles Focus Day M; S;</b></p> <ul style="list-style-type: none"> <li>E-safety</li> <li>Relationships</li> </ul>	<p><b>Healthy Lifestyles Focus Day M;</b></p> <ul style="list-style-type: none"> <li>Smoking (drugs - cannabis use) &amp; Alcohol</li> <li>Sex and relationships</li> </ul>	<p><b>Healthy Lifestyles Focus Day M; S;</b></p> <ul style="list-style-type: none"> <li>Sexual relationships – contraception, pregnancy, STI (an introduction) and avoiding high risk behaviours, + peer pressure &amp; consent</li> <li>Substance mis-use</li> </ul>	<p><b>Aut 2</b> – Rights, responsibilities, diversity and anti- bullying (Anti-Bullying Week Mid Nov) <b>Sp; M; S;</b></p>
Health / RSHE / Growing up	<p><b>Healthy Lifestyles Focus Day M; S;</b></p> <ul style="list-style-type: none"> <li>Equality &amp; Diversity</li> <li>Health –diet, exercise, and smoking</li> <li>Puberty</li> </ul> <p>Includes E-Safety Parents’ Evening</p>	<p><b>Healthy Lifestyles Focus Day M;</b></p> <ul style="list-style-type: none"> <li>Smoking (drugs - cannabis use) &amp; Alcohol</li> <li>Sex and relationships</li> <li>First Aid and life-saving skills</li> <li>Recognising and reducing risk</li> </ul>	<p><b>Healthy Lifestyles Focus Day M; S;</b></p> <ul style="list-style-type: none"> <li>Sexual relationships – contraception, pregnancy, STI (an introduction) and avoiding high risk behaviours, + peer pressure &amp; consent</li> <li>Substance mis-use</li> <li>Healthy eating</li> </ul>	<p><b>Spr 1</b> –Issues around self and mental health <b>Sp; S;</b></p>