

Personalised Learning Checklist – Child Development

Name:

Exam Board	OCR
Course Name	Cambridge Nationals Level 1/2 Child Development
Topic Module	Topic Area 3: Postnatal checks, postnatal care and the conditions for development

G	I am very confident, and I know this well
A	I am not very confident. I may need to check with my teacher and spend more time working on this
R	I am not confident about this at all. I need to check with my teacher and ensure I have what I need to become confident

Use this checklist before your assessment to focus your work and after to check the effectiveness of your work.

Child Development RO57 1 ¼ hour Examination 80 Marks (40%)				
Topic	Content	☹		☺
3.1 Postnatal checks	The postnatal checks that are carried out on the baby immediately after birth and the reasons why: • Apgar score • Skin ♣ Vernix ♣ Lanugo • Weight • Length • Head circumference			
	The checks that are carried out on the baby within one to five days of birth and the reasons why: Physical examination: ♣ Feet ♣ Fingers ♣ Hips ♣ Eyes ♣ Heart ♣ Testicles in boys ♣ Fontanelle Heel prick test (blood spot test)			
3.2 Postnatal care of the mother and baby	The role of the Health Visitor in supporting the new family including: • Safe sleeping - Sudden Infant Death Syndrome (SIDS) and how to reduce the risk • How partner, family and friends can provide physical and emotional support • The purpose of the mother's '6 week postnatal check' with the GP			

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3.3 The developmental needs of children from birth to five years	• Warmth • Feeding • Love and emotional security • Rest/sleep • Fresh air • Exercise • Cleanliness/hygiene • Stimulation • Routine ♣ Bath time ♣ Feeding • Shelter/home • Socialisation/play • Opportunities for listening and talking • Acceptable patterns of behaviour			
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