

Personalised Learning Checklist – Child Development

Name:

Exam Board	OCR
Course Name	Cambridge Nationals Level 1/2 Child Development
Topic Module	Topic Area 1

G	I am very confident, and I know this well
A	I am not very confident. I may need to check with my teacher and spend more time working on this
R	I am not confident about this at all. I need to check with my teacher and ensure I have what I need to become confident

Use this checklist before your assessment to focus your work and after to check the effectiveness of your work.

Child development – Topic 1				
Topic	Content	☹		☺
Factors affecting pre-conception health for women and men	☐ Weight ☐ Smoking ☐ Drinking alcohol ☐ Taking recreational drugs ☐ Parental age			
Other factors affecting the pre-conception health for women	- Folic acid - Up to date immunisations			
Types of contraception methods and their advantages and disadvantages	Barrier methods: - Male condoms - Female condoms - Diaphragm or cap Hormonal methods: - Contraceptive pills o Combined pill o Progesterone only pill (POP) - Contraceptive injection - Contraceptive implant - Intrauterine device - Intrauterine system - Emergency contraceptive pill			

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	Natural family planning: • Temperature method • Cervical mucus method • Calendar method			
The structure and function of the reproductive systems	The structure and function of the female reproductive system • Ovaries • Fallopian tubes • Uterus/womb • Cervix • Vagina • The menstrual cycle 1.4.2 The structure and function of the male reproductive system • Testes • Sperm duct/epididymis • Urethra • Penis • Vas deferens • Seminal vesicle			
How reproduction takes place	Ovulation Conception/fertilisation Implantation Development of the embryo and foetus: • Amniotic fluid • Umbilical cord • Placenta Multiple pregnancies: • Identical • Non identical/fraternal			
The signs and symptoms of pregnancy	• Breast changes • Missed period • Nausea • Passing urine frequently • Tiredness			
Factors affecting pre-conception	Weight Smoking Drinking alcohol			

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health for women and men	Taking recreational drugs Parental age			
Other factors affecting the pre-conception health for women	Folic acid Up to date immunisations			