



Year 11 Careers Newsletter: Friday 5th December 2025

Welcome to the final month of 2025, Year 11

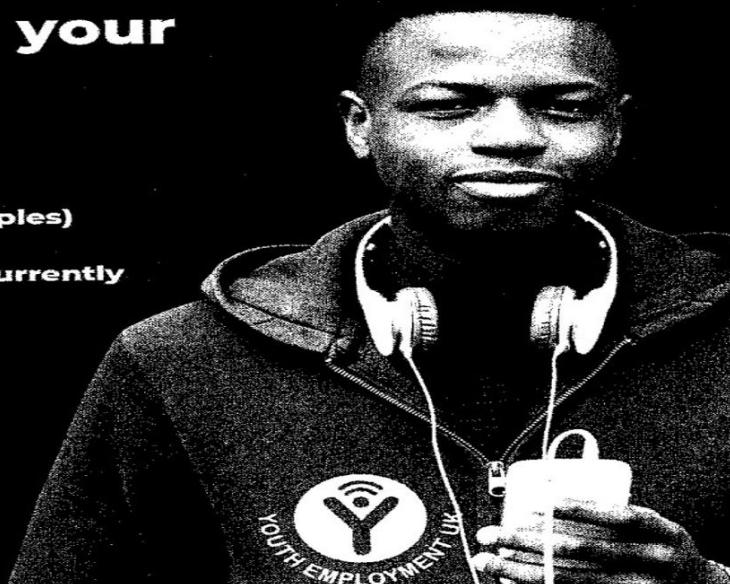
What an incredibly busy week! Last Friday, Y8 had an assembly organised by the Civil Service. They gave information about how to put together a CV and what a good application looks like. I attached the details for this support on 'Thought for the Day' this week. If you missed it, go on the website, or scan the QR code. See below:

What to put in your first CV

- Make a great first impression
- Personal statement
- Skills & strengths (with examples)
- Life & work experience
- Qualifications - achieved or currently aimed for
- Contact details



youthemployment.org.uk/careers-advice



On Monday afternoon, 25 KS4 students attended an information and awareness session with the Army. Bombardier O'Malley talked about the different job roles available, of which there are over 76. These include Dentist, Vet, Equine Care, Chef and Musician. She focussed the session on joining the Army at the age of 16. Covered during the hour-long was the application process: applications are made online from the age of 15 years and 7 months. The local Army Recruitment Office, based in Hereford, will then contact you with an appointment for a 'Career discussion.' The aim of this is to explore the range of job roles and which ones are the most appropriate for you. Your interests, strengths, skills and qualifications will be taken into account in order to help this process. You will then make your choice and be referred to the Army Assessment Centre where you will undergo a series of tests; from cognitive assessments to fitness tests. Everyone must complete these assessments, but the pass mark depends on the role for which you are applying. Those wanting to join the Parachute Regiment will be expected to achieve higher results than those intending to be a Driver. The reason for this difference is pretty self-explanatory. To take the fitness tests as an example, there are 3 parts: 2km run, 4kg medicine ball throw and a Mid thigh pull. The 'pass mark boundaries' are:

- 2km run: 8 minutes 23 seconds - 13 minutes
- 4kg medicine ball throw: 2.7m – 3.1m
- Mid thigh pull: 50 – 76 kg

I am pretty sure that a significant number of you will look at these figures and be reflecting on your own level of ability in these 3 areas. I have!

Year 11, enjoy your weekend. Let us hope that is dry.