

WEEK ONE

Monday

Quorn BBQ Sausage Pasta Bake

OR

Quorn spaghetti Bolognese

Sweetcorn / Green Beans

Crispy Diced Potatoes

Tuesday

Shepherd's Pie

OR

Roast Pepper & Courgette Pasta Bake

Garlic Slice

Carrots or Leeks

Mash potato

Wednesday

Roast Beef & Yorkshire Pudding

OR

Cauliflower & Broccoli cheese Bake

Carrots & Sprouts

Roast Potatoes

Thursday

Foot Long Hot Dogs with Chilli & Cheese

OR

Cheese & Potato Pie

Mixed Veg or Broccoli

Potato Wedges

Friday

Battered Fish

OR

Quorn Nuggets

Baked Beans or Peas

Chunky Chips

Bread available with every meal

Lunchtime 'Grab and Go' selection also available

Salad Pots and Fresh Fruit available daily

WEEK 2

Monday

Steak Pie & Mash Gluten/Wheat
OR
Veggie Sauages & Mash
Both with a rich Onion Gravy
Mixed Vegetables, Green Beans

Tuesday

Sausage & Onion Casserole
OR
3 cheese stringy Omelette
Broad Beans
Broccoli florets
Creamy Mash Potatoes

Wednesday

Roast Chicken & Stuffing
OR
Arriabatta Pasta Bake with Garlic slice
Baton Carrots & Cabbage
Roast Potatoes

Thursday

Chilli Con Carne with Rice
OR
Mac & Cheese
Sweetcorn, Crispy Wedges

Friday

Jumbo Fish Fingers
OR
Theos Chicken Wrap
Baked Beans,
Mixed Vegetables

Bread available with every meal
Lunchtime 'Grab and Go' selection also available
Salad Pots and Fresh Fruit available daily

WEEK 3

Monday

Chicken Curry & Fluffy Rice
OR
Quorn Meatballs in Herb Sauce Ciabatta Pizza
Mixed Salad, Green Beans

Tuesday

Beef Lasagne with Garlic Bread
OR
Cheese and Potato Pie
Mixed Salad, Sweetcorn
Crispy Herby Diced Potatoes

Wednesday

Roast Gammon with Oven Baked egg
OR
Cauliflower and broccoli cheese bake
Green Beans & Cauliflower
Roast Potatoes

Thursday

Loaded Peri Peri Chicken Naan
OR
Singapore Noodles
Sweetcorn, Stir fry Vegetables
Crispy Diced Potatoes

FRIDAY

Salmon Fish Cake
OR
Jumbo Hot Dog
Chunky Chips
Baked Beans

Bread available with every meal
Lunchtime 'Grab and Go' selection also available
Salad Pots and Fresh Fruit available daily